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Police HQ audit reveals 'key gaps' in management

'Hat trick.' Canadian Taxpayers Federation says latest audit shows 'more of the same'

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

An audit on Winnipeg's downtown police headquarters has revealed a litany of familiar criticisms: "key gaps" such as inconsistent compliance with city policies, lack of information for councillors and decision-makers without enough training.

The KPMG audit, tabled during a special meeting of the executive policy committee on Tuesday afternoon, is the third in the last 10 months.

The previous two, on the construction of several fire stations and on 33 real-estate transactions going back to 2007, have told similar stories of incompetence, said Colin Craig, Prairie director of the Canadian Taxpayers' Federation.

"It seems to be more of the same with this report," said Craig, adding the audit raises concerns over procurement practices, a lack of oversight and even a lack of note-taking.

"Who plans a \$200-million project and doesn't sit down and take notes? It sounds like it's a third damning audit; I guess the city has a hat trick now."

The police HQ project started out in 2009 at a cost of \$105 million, plus \$31.5 million for the purchase of the Canada Post building on Graham Avenue.

In July 2011, a guaranteed maximum price of \$194 million was negotiated, but it was based on only 30 per cent of the drawings, which the audit found to be problematic.

The current price tag is \$210 million. However, city officials and Mayor Sam Katz caution against using that figure because they expect to sell the tower portion of the building.

The KPMG audit made 25 recommendations that will all be accepted, said Katz, adding some of the suggestions that came out of the previous audits have already been implemented.

Katz said the audit revealed the original price tag "was not a very accurate estimate to say the least."

"That \$105-million number was totally bogus, end of story."



Mayor Sam Katz answers reporters' questions Tuesday on the KPMG audit of the construction portion of the Winnipeg police headquarters project. BERNICE PONTANILLA/METRO

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Polo Park general manager Deborah Green stands next to a rendering of what the mall will look like after a \$49-million redevelopment is completed later this year. SHANE GIBSON/METRO

H&M confirmed for Polo Park

This fall. Expansion to include Anthropologie, Urban Outfitters

Winnipeg shopping fans can rejoice — H&M is finally coming to a mall near you this fall.

Polo Park announced Tuesday the trendy, low-cost clothing store will open this fall as part of a \$49-million redevelopment at the shopping centre.

Other new retailers set to open at Polo Park include Urban Outfitters, Anthropologie, Nine West, Thoman Sabo, Fossil, Journeys, Pandora and the Disney Store.

“Our redevelopment is in response to the market’s strong

Pumped

“Fall 2014 will be a very exciting season at Polo Park.”

Polo Park general manager Deborah Green

demand for a roster of world-class retailers,” said Finley McEwen from Cadillac Fairview, which owns and operates the mall. “Polo Park continues to provide a first-class retail experience in Winnipeg, and we believe that this investment will solidify Polo Park’s position as the strongest retail shopping centre between Toronto and Calgary.”

The project, which is al-

ready underway, will see 10,500 square metres of redeveloped and new space added and a loop built connecting the former Zellers entrance to a new second-floor mall entrance.

The work will open up 6,000 sq. m of space for new retailers, including 2,000 sq. m for H&M, 34 sq. m of new skylights and add new soft seating.

The work is expected to be completed later this year.

“Fall 2014 will be a very exciting season at Polo Park,” said Polo Park general manager Deborah Green in a release. “We pride ourselves on being the centre of fashion in Winnipeg and look forward to exceeding our customers’ expectations as we embark on this new era at Polo Park.” **METRO**

It’s back. A look ahead to the launch of the Winnipeg Fringe Festival

Metro Winnipeg and the CBC are once again proud to present select reviews of Fringe Festival shows this year. To see more reviews, scan the QR code below. Find more information on the shows in today’s centre spread.

Aiden Flynn Lost His Brother So He Makes Another

Aiden Flynn is a moving portrayal of how a young boy struggles to deal with a family tragedy: the loss of his baby brother.

Depending on your taste for the macabre, you may find this wordless story delightful or distasteful. Either way, the actors are top calibre. As the Frankenstein’s monster child, Danielle Spilchen delivers a performance as creepy as it is mesmerizing. Morgan Murray gives a nuanced performance as Aiden, the boy who lovingly creates his monster but then abandons him.

The soundscape serves as a haunting backdrop, setting just the right eerie tone with a mix of sound effects and music.

It’s fantastical but completely relatable in its exploration of coping with grief. A remarkable creation indeed. **ROSIE FERNANDEZ**

Confessions of an Operatic Mute

In this one-man show, Briane Nasimok shares how strange twists of fate lead him into a totally unplanned career working as an extra in operas.

Nasimok is a likeable performer who had the audience eating out of his hand at the performance I saw. We all laughed as he shared his earliest recollections as a young man discovering his

love for the theatre and kept laughing at his awkward attempts at getting on stage and at getting the girl.

The script is well-written and finely honed. But by the second half of the show I wanted to hear more about this charismatic man beyond the repeated themes of how he plotted to get the new gig and the new girl.

Even so, he’s a charming man with charming stories — and listening to Nasimok is a delightful way to spend an evening. **ROSIE FERNANDEZ**

Dr. Frightful Presents: Dead Air

Having worked in radio drama, I was keen to see this production billed as a throwback to the golden age of radio. True to its word, the entire play takes place on a ’50s-era radio soundstage, with authentic sound-effect devices strewn about.

Watching the four-person ensemble perform live sound effects during their reading of a gory zombie radio play is the highlight of the show.

After a slow start, the storyline really picks up when one of the actors decides to go off-script during a live broadcast, and hijinks ensue. Playwright Grahame Kent, who plays a mysterious and silent technician, stands out for his surly performance.

Once it gets going, Dr. Frightful Presents is great fun for those who like behind-the-scenes drama — plus all the fun of killing zombies. **ROSIE FERNANDEZ**



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City got value for money with police HQ: Study

\$210-million project.

However, councillors Wyatt and Mayes aren't fully convinced

A cost study on the Winnipeg Police HQ has concluded the \$210-million project provided taxpayers value for their money, but councillors aren't completely convinced.

The study was delivered Tuesday morning during a council seminar, with the full audit on the controversial project coming Tuesday afternoon.

Mayor Sam Katz said the "key question" was answered.

The value analysis summary by consulting firm Turner & Townsend found that "strictly from a financial viewpoint and using both detailed elemental cost analysis and benchmarking study, it is our opinion that the project value of \$156,374,911.67 for the Winnipeg Police Headquarters and Wyper Road Firing Range is

Comparing costs

The study compared the price per square foot of Winnipeg's police HQ, at \$228 per square foot, to that of other cities, such as Saskatoon at \$289 per square foot and Ontario's Kingston (\$219), London (\$205) and Niagara (\$209).

within the acceptable range of cost for a facility of this nature."

However, that \$156-million price tag doesn't include the purchase cost of \$31.5 million and last year's council-approved \$17.2 million in extra borrowing.

Coun. Russ Wyatt, chair of the city's finance committee, said the cost study raises "some serious questions."

Coun. Brian Mayes questioned the wisdom of the original project cost of \$105 million, which was delivered before he was elected.

BERNICE PONTANILLA/METRO

Polo Park area. Man in clown mask, four others hold teens at knifepoint

Police are looking for five men — including one in a "scary" clown mask — after a group of teens were held at knifepoint following a shopping trip to Polo Park on Saturday afternoon.

The three friends, two 18-year-old women and an 18-year-old man, left the mall around 4 p.m. and made their way to the creek behind the mall to take photos.

There a group surrounded and robbed them at knifepoint. The victims were held for nearly an hour and a half.

The suspects are described as aboriginal, in their early 20s.

The first suspect is six feet tall and heavy, with short dark hair, a scraggly goatee and scars on his legs. He was wearing tan shorts and a black T-shirt with a white "COOGI" logo. He had a knife and called himself "the slitter" or "the slicer."

The second man is described

as skinny, with a brown spot or bump on the white area of his right eye, a pockmarked face and a small tattoo on his left arm. He was wearing a hat.

The third suspect is five-foot-11 with a medium build and longish brown hair. He has "Anderson" tattooed on the underside of his left forearm and was wearing a black hoodie and jeans.

The fourth suspect is five-foot-six, with a heavy, flatter face and acne on his chest and lower back. He was shirtless and wore black basketball shorts and a black brimmed hat.

The fifth man is five-foot-seven, with an average build, light, shorter hair and buck teeth. He was wearing a black T-shirt with white designs, black shorts and a black hat. The other men called him "Jordan." He was the one wearing the clown mask, police said. METRO

Knocked into river

Police find body of man killed in ATV accident

Police say they have found the body of a Manitoba man who was knocked into a river by an all-terrain vehicle while he was fishing.

The 39-year-old from Brandon was on the shore of the spillway leading from a reservoir near the town of

Rivers over the weekend.

Police say the ATV driver went down an embankment, lost control and ran into a concrete barrier.

The crash knocked the man into the water, which was flowing swiftly because of recent flooding in the area, and he was swept away. The 58-year-old woman in the ATV was killed in the crash.

Police say they found the body of the man about 1.5 kilometres from where he fell in.

THE CANADIAN PRESS

West of Winnipeg

Assiniboine River running high

The Assiniboine River is running high west of Winnipeg as a second crest of floodwater from Saskatchewan makes its way through Manitoba.

Officials said Tuesday afternoon that the river is cresting and would remain high for at least 24 hours before the water starts to

recede. Emergency Measures Minister Steve Ashton said defences are holding and dikes are being monitored.

Recovery centres are being set up in southwestern Manitoba as the focus turns to cleaning up. But Ashton said that isn't the case for those around Lake Manitoba, where all the water is draining.

Lake Manitoba is at flood stage, but officials say the high winds along the shoreline were calming.

THE CANADIAN PRESS

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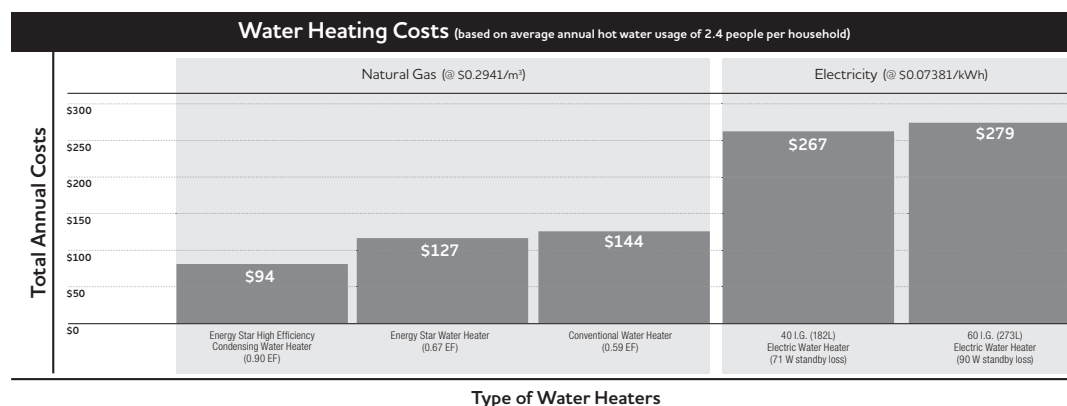
Save up to 48% on water heating... with natural gas versus electricity

The decision to replace a water heater often needs to be made in a hurry as water heaters can fail suddenly. To help you make an informed decision, the chart below illustrates the typical water heating costs for an average Manitoba household of 2.4 people consuming about 140 litres of hot water daily, heated up 50°C. Your water heating costs may differ, depending on the type of water heater you have, how much hot water you use, and future energy rates.

At current rates, the chart shows that the average Manitoba household with a conventional natural gas water heater would have an annual water heating bill of \$144. An ENERGY STAR® qualifying (sidewall power vented) gas water heater would heat water

for only \$127 per year. Larger hot water users can further reduce costs by installing high efficiency condensing water heaters. Be aware that the cost of installing high efficiency condensing water heaters can be significant (\$3000 to \$5000).

The same household with a 60 gallon electric water heater would have an annual water heating bill of \$271 which is almost double the operating cost of a conventional gas water heater. Over the average 10 year life of a natural gas water heater this would result in a savings of \$1,350. In addition, electric water heaters can't heat water as quickly as natural gas water heaters, so it is usually necessary to compensate by having a larger electric tank.



For more details, visit hydro.mb.ca/heating or call 204-480-5900 or 1-888-624-9376 (1-888-MBHYDRO).



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A tale of two vehicle plates

Fish Futures versus Winnipeg Jets.

Program successful for some charities, not so much for others



SHANE GIBSON

shane.gibson@metronews.ca

Love 'em or hate 'em, Manitoba's specialty licence plates — there's now eight non-member plates to choose from — have brought in more than \$1.5 million for local charities.

While some, like the Winnipeg Jets plates, can't seem to be printed fast enough for demand — they've sold more than 33,000 since 2011 — others, like the Fish Futures edition, are languishing unsold.

Charities get \$30 from each \$70 plate sold, but the bad news for Fish Futures is that unless sales pick up, the not-for-profit may end up on the hook for the cost of getting their 2,000 plates printed at a cost of around \$20 a pop.

"I guess the program really hasn't done anything for us yet," said Fish Futures president Jerry Kruczek on the 127 plates the group has sold since launching last May. "Until we've recouped the cost of the plate ... we obviously aren't going to get any funds."

Administered through Manitoba Public Insurance (MPI), the provincial program



Some specialty licence plates — like the Winnipeg Jets version — have been hugely profitable for the charities that share in the plates' \$70 cost, while other groups whose sales have been slower have yet to see any money from the program. SHANE GIBSON/METRO

works on a break-even model. According to MPI's website, organizations approved to take part "may be required to cover additional costs" when less than a minimum of 2,000 plates are sold.

"As a not-for-profit that wouldn't be a good thing," said Kruczek.

Kruczek said Fish Futures is waiting for the plates to start reeling in a profit before

dedicating funds to a project. He is hopeful renewed advertising — including letting the public know the plates, which are the only ones specifically for trailers, can be used on all trailers — will lead to a spike in sales.

"A lot of people have the misconception that it's specifically for boat trailers," he explained. "If you've got a snowmobile trailer, a util-

ity trailer, even a fifth-wheel, a tow-behind or a pop-up ... you can use our plates."

At the other end of the scale is the Winnipeg Jets True North Foundation, whose plates are selling like cold beer on a hot day — so much so they're in the process of printing another run. The program has brought the not-for-profit a windfall of around \$960,000 since 2011.

Andrew Swan, the minister who oversees MPI, told Metro the province would prefer to work with groups who haven't hit their sales threshold to help get their plates moving before forcing a non-profit to recoup any costs.

To date only three of the eight specialty plates have met the minimum sales requirement, according to MPI.

Winners and losers

Here's a list from MPI of how many specialty licence plates (both non-member plates like the Winnipeg Jets version and member plates like the firefighter ones) have been sold in Manitoba up to June 1. The University of Winnipeg plates aren't on the list because they weren't available until after June 1, although MPI told Metro that 106 have since been sold.

- Winnipeg Jets: 33,963
- Winnipeg Blue Bombers: 14,734
- Veterans: 5,546
- Firefighters (both rural and Winnipeg): 2,352
- Winnipeg Humane Society: 1,392
- Winnipeg Goldeyes: 1,002
- Collector: 835
- Amateur Radio Operator: 576
- Brandon Wheat Kings: 458
- Curl Manitoba: 427
- Ham Radio Operator: 413
- Fish Futures: 127

On the web

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Detained immigration activist gets released

Jose Antonio Vargas. Prize-winning journalist and undocumented immigrant was stopped in Texas border town

Pulitzer Prize-winning journalist Jose Antonio Vargas, a Philippines-born immigration activist who has lived in the U.S. illegally since he was a child, was released by U.S. Border Patrol agents on Tuesday after they detained him at a Texas airport.

Border Patrol spokesman Omar Zamora said Vargas was stopped going through security at the airport in McAllen, just across from the Mexico border. A spokeswoman for Define American, Vargas' advocacy group, confirmed his release

Going public

Vargas went public about his immigration status in a 2011 piece for the New York Times Magazine, revealing that he had been living in the U.S. illegally since he was brought from the Philippines as a child to live with his grandparents. He also directed a 2013 documentary called Documented.

Tuesday afternoon.

It is common for the Border Patrol to release people on their own recognizances, with notices to appear in court later. With such notices, people can generally travel throughout the U.S. without being detained again.

THE ASSOCIATED PRESS



Splashing in the streets

A child plays in a waterlogged street holding the hand of an adult as it rains in Mumbai, India, Tuesday. Incessant rainfall has caused water-logging in several parts of the city. RAJANISH KAKADE/THE ASSOCIATED PRESS

Suspended senator

Duffy has love child: Maclean's

Maclean's magazine reported on Tuesday evening that former Conservative senator Mike Duffy has a love child in Peru. Torstar News Service has not verified this allegation.

Karen Duffy, 32, has filed a civil suit in Peruvian court against Duffy.

TORSTAR NEWS SERVICE

Possible record-breaker

Teen flies solo around the world

A U.S. teen may have become the youngest person to fly solo around the world.

Matt Guthmiller, 19, completed the more than 46,670-kilometre journey in a single-engine airplane Monday night when he touched down in California.

Guthmiller made about two dozen stops in 14

countries during the journey that began May 31, according to his mother, Shirley, who greeted her son after his 16-hour final-leg flight from Hawaii.

Guthmiller took an early interest in aviation and was 16 when got his pilot's licence.

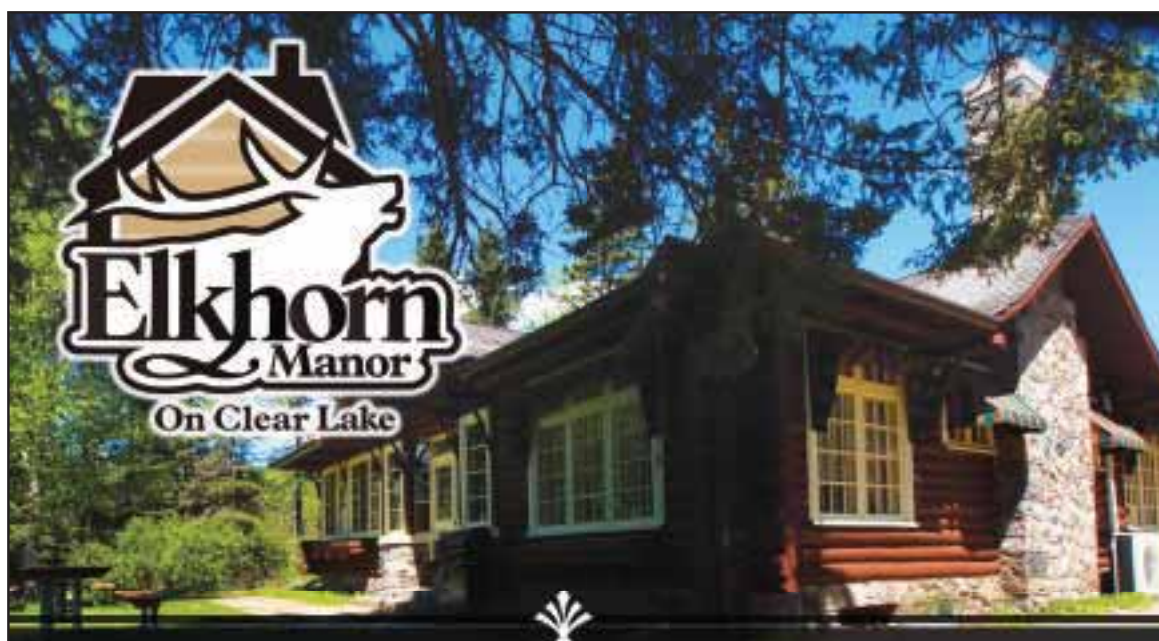
Guthmiller's parents said he's sending documentation to Guinness World Records, which must confirm that he broke the record.

THE ASSOCIATED PRESS

It's a boy!

On-duty officer delivers own baby

Officer Bryan Anderson was on duty Sunday in Hemet, Calif., when he got a call from his wife saying she was about to give birth to their baby. Anderson hurried home and called paramedics, but they didn't arrive in time. He delivered baby Michael in their bathroom. THE ASSOCIATED PRESS



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Calgary mom 'hopeful' Nathan will come home

Charges laid. Police believe that five-year-old Nathan O'Brien and his two grandparents were murdered



JEREMY NOLAÏS
Metro in Calgary

Nathan O'Brien's mother isn't giving up hope her little boy will still come home — even as police formally charged a man in what's become a triple-murder case.

Jen O'Brien told Metro on Tuesday that police haven't shared with the family any evidence they've gathered that gives them confidence five-year-old Nathan and his grandparents, Alvin and Kathryn Liknes, are dead.

"At this point, I don't know what that evidence is; nobody knows what that evidence is," she said. "They won't tell us, but we do know that it's not



A memorial at a Parkhill home in Calgary, where the trio went missing.
KEN VAN DE WALLE/FOR METRO IN CALGARY

time for us to lose hope.

"I can't and I won't until we know for sure."

Douglas Garland has been charged with two counts of first-degree murder and one count of second-degree murder — the latter charge relates to the presumed death of Nathan. The nature of the charges indicate that police believe the accused premeditated the murders of the Liknes couple but

not that of the five-year-old, who'd been staying over at his grandparents' Parkhill home on June 29.

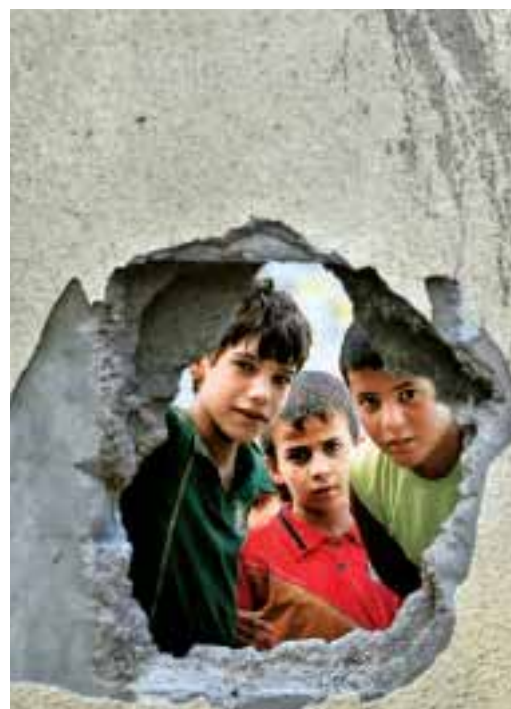
When Jen O'Brien returned the following morning to retrieve her son, neither Nathan nor her parents were anywhere to be found.

"I'm so hopeful that my little boy's going to come home," she said. "I hope and pray that anybody that was involved actually speaks up and has it in their hearts because Nathan wasn't involved in this."

Police have said a violent incident occurred inside the home and that the missing trio didn't leave voluntarily.

The Parkhill home was searched during the two-week investigation, as were an Airdrie acreage owned by Garland's parents and multiple Calgary landfill sites.

On Monday, Calgary Police Chief Rick Hanson broke the news that although no bodies have been recovered, his investigators have gathered enough evidence to lay the charges.



Ceasefire plan unravels

Palestinian boys inspect the site of a family home that was damaged by an overnight Israeli missile on Tuesday in Rafah, southern Gaza Strip. The Israeli military says it has resumed airstrikes on Gaza after Hamas rejected an Egyptian truce plan. LEFERIS PITRAKIS/THE ASSOCIATED PRESS

Moscow

At least 21 killed in train derailment

A subway train derailed Tuesday deep below Moscow's streets, twisting and mangling crowded rail cars during the morning rush hour. At least 21 people were killed and 136 more were hospitalized, Russian officials said.

Over 1,100 people were evacuated from the train.

THE ASSOCIATED PRESS

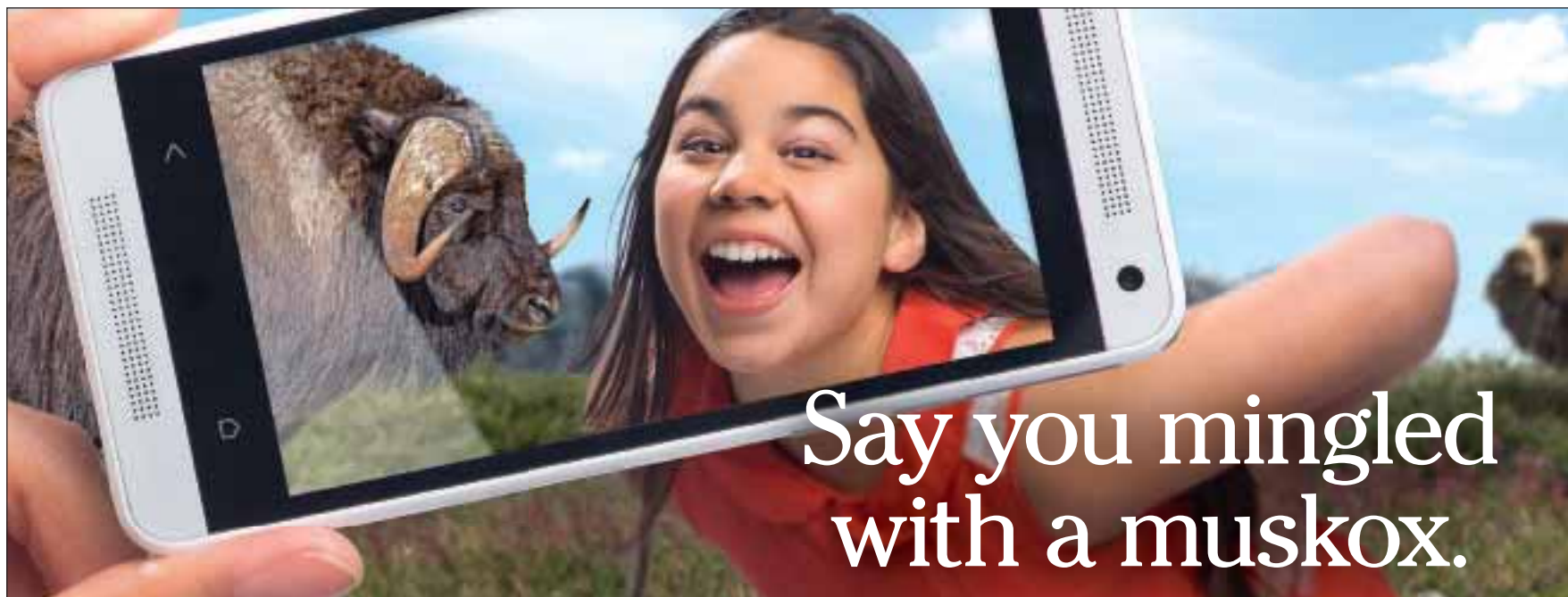
Kidnapped girls

Parents and schoolmates snub Nigerian president

Parents and schoolmates of the 219 schoolgirls held captive by Boko Haram extremists refused at the last minute Tuesday to meet with Nigeria's President Goodluck Jonathan.

Jonathan then accused the Nigerian chapter of the Bring Back Our Girls movement of "playing politics with the situation."

THE ASSOCIATED PRESS



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Lawmakers in Britain weighing security vs. privacy

Law. Parliamentarians push bill requiring phone and Internet companies to store call and search records for an entire year

British lawmakers debated the balance between privacy and security Tuesday during an unusual one-day session designed to rush an online surveillance bill through Parliament.

A series of government and opposition legislators spoke in the House of Commons to condemn the Data Retention and Investigatory Powers Bill, which requires phone and Internet companies to store call and search records for a year.

Home Secretary Theresa May said the data is "vital in

Likely to be law

Despite the criticism, most British lawmakers did not attend the debate on Tuesday.

- The bill is backed by the three main party leaders and is almost certain to become law in Britain.

the fight against crime and the fight against terrorists."

But Labour lawmaker Jeremy Corbyn called the bill "a massive piece of intrusion into people's lives," and Conservative David Davis said the legislation was intrusive and ill-conceived.

"While this may be law by the end of the week, it may be junk by the end of

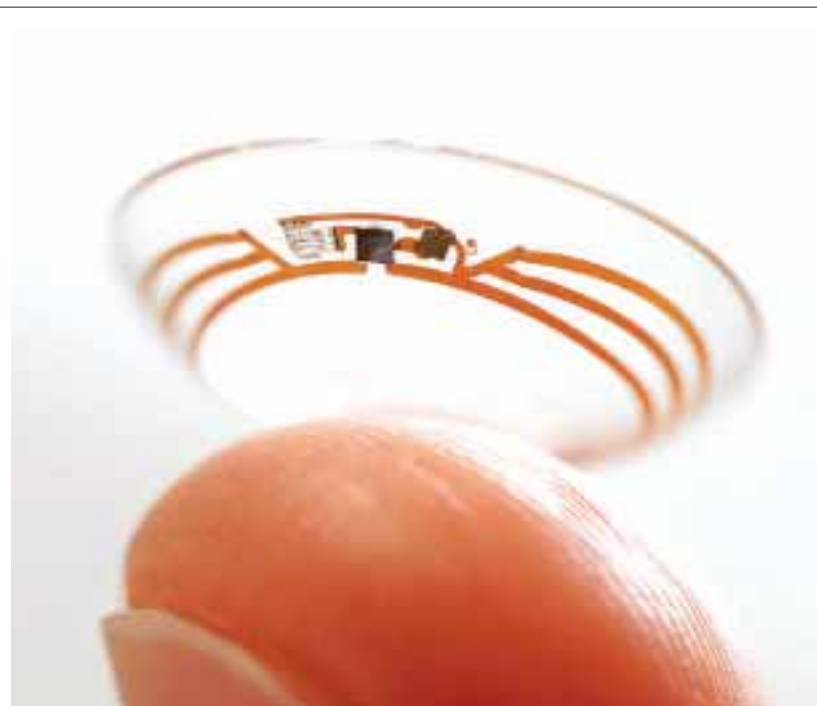
the year," Davis said.

Data retention has been in legal limbo since the European Court of Justice ruled in April that a European Union directive requiring companies to store communications data for up to two years was too broad and a threat to privacy rights.

Prime Minister David Cameron announced the emergency legislation last week, saying without it telecommunications providers would start deleting the information, creating a problem for law-enforcement agencies and intelligence services.

The government says the new law does not expand existing surveillance powers, but critics say it seeks to legalize activities that the European court has ruled unlawful.

THE ASSOCIATED PRESS



Google sees market for 'smart' contact lens

A smart contact lens is shown in this image released by Google in January. Swiss drug developer Novartis will team with technology giant Google to develop a "smart" contact lens that could improve some eye conditions or help diabetics manage their disease. Terms of the agreement between the companies were not detailed in a statement released Tuesday by Novartis. The drug maker said its Alcon eye-care division will license Google technology and work with a team from Google to develop a lens that uses microchips and miniaturized electronics. Novartis is focused on developing a contact lens that can provide a continuous measurement of glucose levels in diabetic patients by measuring tear fluid. THE CANADIAN PRESS

Market Minute



DOLLAR
92.95¢
(-0.38¢)

Natural gas: \$4.09 US (-\$0.07)
Dow Jones: 17,060.68 (+5.26)



TSX
15,081.32 (-89.91)



OIL
\$99.96 US (-\$0.95)



GOLD
\$1,297.10 US (-\$9.60)

Avg. price: \$413,215

Home sales heat up 0.8% in June

Canadian home sales heated up in June to their best pace since March 2010 after a sluggish start to the year due to the frigid winter and late spring. THE CANADIAN PRESS

Tank cars called 'imminent hazard'

Two environmental groups are asking the U.S. Department of Transportation to immediately ban shipments of volatile crude oil in older railroad tank cars, citing recent explosive oil train wrecks and the department's own findings that those accidents pose an "imminent hazard."

The petition filed Tuesday by the Sierra Club and Forest-Ethics seeks an emergency order within 30 days to prohibit crude from the Northern Plains' Bakken region and elsewhere from being carried in the older tank cars, known as DOT-111s.

Accident investigators have

reported the cars rupture or puncture even in wrecks at slow speeds.

The Obama administration has said it will propose a new rule this month governing tank cars, which could include retrofits of older model cars and tougher standards for new ones. THE ASSOCIATED PRESS

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WORLD'S OLDEST MAN OUTLIVES TO TELL

Some of us stop having birthdays after we turn 29.

Still, somehow the government tracks us down when we're 65 and sends us a paltry stipend.

"Too bad. You're old, ha ha. Here's 500 bucks a month. Don't spend it all in one place."

Sadly, in our youth-obsessed age, the elderly get no respect. Of course, being only 29, I have no first-hand experience of the problem.

There is one way to get the respect you deserve: just wait everybody out until, like José Aguiñelo dos Santos, you wake up one morning as The World's Oldest Man.

Then they respect. They come from miles around to ask you how you managed to survive until 126, outlasting the former Jeanne Calment, that young French girl who gave up the ghost at 122 in 1997.



JUST SAYIN'
Paul Sullivan
metronews.ca

And if you're José, the formula is pretty simple. "The truth is," he told an inquiring reporter, "you keep getting older."

It helps, apparently, to smoke a pack of cigarettes a day for the last 50 years, to sing and tell jokes and eat rice and beans. Oh, and avoid bathing at all costs.

When you're 126, who's going to say you smell like old cheese? And you can just pretend not to hear them.

José was allegedly born on July 7, 1888, on the same day as Lawrence of Arabia — who may have had a more exciting life, but look who's still here.

The son of an African slave — he can't remember his mother's name — José was born two months after slavery was abolished in Brazil. He spent most of his life working on a coffee plantation, so you have to wonder if emancipation made much difference. José got his first birth certificate this month after being

interviewed by experts. He was able to accurately describe the slave compound of his birth, which allowed the experts to assign his age, although his old folks' home is hoping to have him carbon 14-dated to make sure.

When you're 126, it's kind of like being a petrified tree.

But just look at what this guy has lived through. The year he was born was the year of Jack the Ripper. He was 26 at the outset of World War I and 53 when World War II ended. He was 62 the last time Brazil hosted the World Cup. That was in 1950. He was a pensioner more than half a century ago.

Memo to self: call financial adviser re: outliving retirement capital.

If you're José, you could look at it this way: every minute could be your last.

Or you could look at it this way: every minute is a bonus. As fellow centenarian George Burns liked to say, "If you live to be one hundred, you've got it made. Very few people die past that age."

So happy Birthday to José, the last man standing (from on or before July 7, 1888).

DON'T CALL IT AN IMPERSONATION



Frank Werth, left, of Hayes, Kan., looks at the collar of Tony Freitas, of Oakdale, Calif., during the Las Vegas Elvis Festival. Some three dozen Elvis tribute artists took their gyrating hips and curled lips to the stage over the weekend to see who could do the most convincing portrayal. JOHN LOCHER/THE ASSOCIATED PRESS

Elvis tribute artists go for reverence, not mockery

The white-suited, chest hair-baring, blue contact-wearing men posing with fans outside the showroom of the former Las Vegas Hilton don't want to be called Elvis impersonators.

The correct term is Elvis tribute artist — or ETA for short — to distinguish their studied performances from the dime-a-dozen characters trolling the strip.

"It's not a gag," explained Jason Sherry, producer of this

weekend's Elvis Festival in Las Vegas, one of several sanctioned by Presley's estate that lead up to Elvis Week in Memphis, Tenn., in August. "It doesn't mean we don't enjoy it. But we're not making a mockery of Elvis."

Some three dozen ETAs took their gyrating hips and curled lips to the stage over the weekend to see who could do the most convincing portrayal.

Prizes included \$2,500 in cash for the top performer and a chance to represent Las Vegas in the Ultimate Elvis Tribute Artist competition during Elvis Week. **THE ASSOCIATED PRESS**

Love me long time

Events help Presley's estate cultivate a fan base decades after radio stations stopped playing Love Me Tender.

- Organizers have tweaked the festival to keep up with the changing demographics. For example, they ditched sock hops and replaced them with an after-hours party more familiar to millennials.

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 9 in Scene, page 17 in Life and page 21 in Sports.

MetroTube

This is (messed) up



ANDREW FIELD
andrew.field@metronews.ca

While it could fit comfortably in the "Meanwhile in Russia" file, this clip of a motorcyclist who rudely found himself on the roof of the car in front of him, courtesy of the front of the car behind him, is exported from another reliable supplier of street malfesance videos: Australia.

Though "all kinds of (messed) up" from the ordeal, the driver luckily survived. As for the (messed) in the previous sentence, the word it replaces is unsurprisingly muttered here. Let's call it a "muffled grunt." (Madchodo/YouTube)



SCREENGRAB

Sex Tape spawn of getting it on

Sexcapades. Hitting record before hitting the sack is a popular if not always private pastime



IN FOCUS
Richard Crouse
scene@metronews.ca

For many people, especially those who troll around in the more unsavoury corners of the Internet, the first exposure to celebs like Paris Hilton and Kim Kardashian came from that most modern form of celebrity introduction: the sex tape.

Paris and Kim's videoed sexcapades weren't the first tapes to become public — in 1988 Rob Lowe was embarrassed when VHS images of him and two women popped up on the news — and they weren't the last.

This week in Sex Tape, Jason Segel and Cameron Diaz are Jay and Annie, a married couple who try to spice things up in the bedroom by videotaping themselves. All goes well until Jay forgets to erase the tape and mistakenly stores it on the cloud. "Our sex tape has been synced to several devices," he says, "all of which are in the possession of friends!"

Given how many actors have appeared in sex tapes it's not surprising that several movies have used the raunchy videos as a plot point.

In Brüno, the titular Austrian fashion reporter (Sacha Baron Cohen) tries to make a name for himself in America by making a sex tape with another famous American, U.S. Congressman Ron Paul. Trouble was, Paul wasn't in on



Jason Segel and Cameron Diaz play a married couple who videotape themselves in Sex Tape. CONTRIBUTED

the joke. "I was expecting an interview on Austrian economics," said Paul. "But, by the time he started pulling his pants down, I was like 'What is going on here?' I ran out of the room. This interview has ended."

The 2006 comedy Drop Box has production values not unlike that of an actual sex tape but despite its low budget it offers up the funny and often brutal story about Mindy (Rachel Sehl), a big-time bub-

blegum pop star (think Britney or Miley), who accidentally returns her homemade sex tape to her local video store instead of Glitter, the movie she rented. Realizing her mistake, she tries to re-rent the tape.

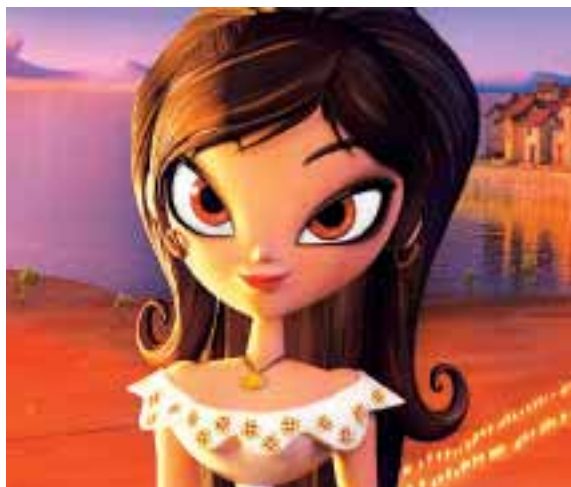
Clocking in at just 80 minutes, it's a character study about a spoiled pop princess who butts heads with an unmovable force in the form of the uncooperative and inquisitive clerk (David Cormican).

Finally, Auto Focus exposes sex tapes' dark side. Hogan's Heroes star Bob Crane's (Greg Kinnear) all-American public persona hid a secret obsession. "I'm a normal, red-blooded American man," he says. "I like to look at naked women." According to the film, he liked making sex tapes with women, usually without their knowledge. The movie speculates his 1978 murder may have been related to this unlawful pastime.

AUGMENTED REALITY

→ After 12 years of marriage, this couple decide to spice things up. Scan this photo with your Metro News app to find out how.

→ See the full instructions on Metro's Voices page.



Maria is voiced by Zoe Saldana in the animated comedy Book of Life.

TWENTIETH CENTURY FOX & REEL FX/THE ASSOCIATED PRESS

Enchanting sugar skull treat. Mexican folklore gets animated in Book of Life

Guillermo del Toro is helping to open the Book of Life.

The Oscar winner is producing the animated feature by first-time director Jorge Gutierrez, and joined him at Fox Studios on Monday to unveil footage from the film, set for release in October.

Book of Life is rich with imagery from Mexican folklore, with a special emphasis on the Day of the Dead, the food- and music-filled celebration of the annual return of the spirits of de-

ceased loved ones.

Del Toro said he was moved by Gutierrez's emotional, visual and narrative connection to Mexico.

"It was a huge nostalgia," del Toro said, "a very painful and beautiful nostalgia that made me say I'm going to protect this project and celebrate this guy."

It helped that Gutierrez presented his ideas and illustrations over "a trunk of tequila," the filmmaker said.

Book of Life centres on two best friends angling for

the girl of their dreams, not realizing that otherworldly powers have a stake in the outcome. The leaders of the underworlds, the Land of the Remembered and the Land of the Forgotten, make a wager on which lover the girl will choose.

Zoe Saldana, Channing Tatum and Diego Luna lead the voice cast. The film also features ranchera interpretations of popular songs by Mumford & Sons, Radiohead, Rod Stewart and others. THE ASSOCIATED PRESS

2 SCENE

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Lohan feels London calling and considers long-term commitment



NED
EHRBAR
Metro in Hollywood

Lindsay Lohan is almost officially London's problem, so everybody just keep quiet until she's gone, OK?

The troubled starlet has been living it up across the pond, but now that's she finally scored herself a gig over there, she's eager to make the move permanent, to the relief of drivers and nightclub patrons across the U.S.



"I have a great place. It's very light and I feel safe," Lohan tells the Daily Express. "I think I am making the move to come over here."

Lohan starts her run on the West End stage later this year, and she's already looking to head off speculation that she'll flake out on work.

"I'm at a place in my life where I like the commitment. I'm looking forward to that part of it," she says.

You go, girl. No, really. Go.



Beyoncé and Jay-Z ALL PHOTOS GETTY IMAGES

Beyoncé and Jay-Z are On the Run with a marriage counsellor

Jay-Z and Beyoncé reportedly have added a new member to their summer tour entourage: A marriage counsellor — well, virtually at least. Sources tell the Daily Mirror that the married moguls have been meeting with a therapist via Skype while on the road to keep their relationship on course. "It might sound drastic but, in America

especially, counselling is fairly standard practice," a source says. "They have known their therapist for a long time and try to have weekly sessions just to keep communication open and make sure there are no misunderstandings. It's about maintenance rather than trying to fix anything hugely wrong."

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The Terrace at cityplace is located on the 2nd floor at the back of the food court. Visit cityplacewinnipeg.com for our complete summer line up.



Hugh Laurie

Laurie caught off guard by Serbian fan who made off with his passport

Sometimes diehard fans can be a real drag, as Hugh Laurie learned while travelling across Eastern Europe this week. The former House star tweeted about an unfortunate hold-up with a Serbian official while on tour with his blues group, Copper Bottom Band. "Crossed into Serbia but had to turn back an hour later," Laurie wrote. "Border guard had kept my passport to make a photocopy as a souvenir. Smashing!"



Zoe Saldana

Zoe compares her quick marriage to buying jeans — no window shopping

Zoe Saldana doesn't care if people think she and her husband of one year, Marco Perego, got hitched too soon after they started dating. "I don't do the ABCs," she tells Marie Claire. "I do what my heart says, what my heart feels. So from the moment I met my husband, we were together. We knew." The Guardians of the Galaxy star

applies the same attitude to shopping as she does to her marriage. "I don't just window shop. I don't have the time or the energy or the attention span for that," she says. "I need a pair of jeans, I go and — boom — get them. I met my husband, I wasn't going to try it out and see if it works. No, I felt it. I went with the feeling."



metro 

FRINGE FESTIVAL

Wednesday, July 16, 2014



A performer entertains a crowd at a previous Fringe Festival performance. COURTESY LEIF NORMAN

Fringe for everyone

Barrel of laughs. From the spectacle of street performers to award-winning comedians, there's something for every family member

SHELLEY KILMURY
For Metro

An exciting showcase of talent awaits you from July 16 to 27 at the Winnipeg Fringe

Theatre Festival in the city's historic Exchange District.

The Winnipeg Fringe Festival is North America's second-largest and showcases more than 170 local, national and international theatre companies offering performances ranging from comedy, drama, improvisation, and more.

Festival-goers of all ages will be thoroughly entertained by a myriad of talented street performers at Old Market Square and live bands of all musical genres

from noon to midnight on the outdoor stage ... and its free.

But not all performances are held outdoors, as the festival hosts indoor shows at 30 venues throughout the downtown area, where you can experience an eclectic offering of unique shops, fabulous eats, and the opportunity to celebrate the arts, while you people-watch.

The Fringe has witnessed astounding growth since it was founded by the Royal Manitoba Theatre Centre in

1988, and is the only regional theatre in the country to produce a festival of this nature.

Fringe festivals have been entertaining audiences for more than 50 years and originated in Edinburgh, Scotland. Since concept inception, festivals of this kind have been celebrated around the world, with Canada hosting more Fringes than any other country.

Each year, Winnipeg's Fringe experiences a growing entertainment lineup

and a surge in attendance as the demand for exciting, independent theatre continues to gain momentum.

Winnipeg Fringe is based on three key principles: the festival is non-juried, artists have complete artistic freedom, and all box office revenue routes directly back to the performing companies.

Don't forget to bring the family to the Kids Fringe, which offers live entertainment and activities, including games, crafts, bubbles, sand play and special guests.

Tickets

- Ticket prices range from \$5, \$10, or there is a two for \$10 option, and for some performances, admission is free.
- Purchase in person at the Advance Ticket Box Office at 174 Market Ave., at the door of the venue, or online.
- Visit winnipegfringe.com

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Thu July 17, 2:00 PM	Sun July 20, 2:00 PM	Fri July 25, 3:30 PM
Fri July 18, 7:00 PM	Tue July 22, 8:45 PM	Sun July 27, 5:45 PM
	Wed July 23, 10:30 PM	

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'It's very emotional'

Close to home.

Verika is a tribute to a friend battling eating disorder, says creator

MEG
CRANE
For Metro

Watching a close friend struggle with anorexia was the inspiration behind Renee Vandale's contemporary dance piece, Verika, and a way of showing her strength and support.

But the message doesn't stop there.

After several performances

of the short, solo-version of the piece — originally created in 2010 — audience members told Vandale they thought it related to all types of mental illnesses.

"I see it as being about eating disorders, other might see it as something else," says Vandale.

Though the three dancers to perform the full 60-minute version, which debuts at the Winnipeg Fringe Theatre Festival, aren't personally involved, Vandale says the piece is becoming special to them as well. Even at a pre-showing, the audience was brought to tears.

"It's very emotional," says

Vandale, who has cried while performing the piece.

For this extended version, Vandale won't be taking the stage. She decided, instead, to focus on the choreography, which is a big production involving the use of ropes.

Audience members will still see Vandale in action, though, as a video of her dancing will play in the background throughout the performance.

This show is a must-see for the dance-loving community, with the combination of two contemporary dancers and one ballerina, all dancing on pointe.

"For contemporary dancers to do pointe is a big deal," said Vandale.

The piece can also be enjoyed by those unfamiliar with dance, as Vandale's work isn't abstract, showcasing a narrative and characters that are easy to follow, she explains.



The Big Stupid Improv Show

Thu, July 17 3:15 PM
Fri, July 18 10:45 PM
Sun, July 20 1:45 PM
Mon, July 21 5:00 PM
Wed, July 23 7:00 PM
Thu, July 24 8:30 PM
Sat, July 26 Noon!
Sun, July 27 7:45 PM

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TIME, NATURE &
THE TERRIFYING
BUSINESS OF
BECOMING A
MAN.

On stage

- What: Verika
- Where: Tom Hendry Warehouse
- When: Friday, July 18, 1:30 p.m.; Saturday, July 19, 10:45 p.m.; Monday, July 21, 8:45 p.m.; Wednesday, July 23, 4:30 p.m.; Thursday, July 24, 12:00 p.m.; Friday, July 25, 1:45 p.m.; Saturday, July 26, 7:15 p.m.
- Tickets: \$10



Verika is a contemporary dance piece, performed on pointe by three dancers. The full-version debuts at the Winnipeg Fringe Theatre Festival this year. COURTESY SLOTHERS STUDIO

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Wednesday, July 16, 2014

FRINGE FESTIVAL 13

Best of the fests return to Fringe

They're back.
Award-winning, top revenue-making performers hit the stage with new shows

If you attended last year's Fringe performance of *God is a Scottish Drag Queen*, you're in for a surprise with the critically acclaimed, stand-up comedian Mike Delamont's return in *A Scottish Drag Queen II: The Second Coming*.

God — dressed in a familiar floral power suit — comes down to skewer everything from circumcision to the Mormons in an all-new hour of comedy. Delamont, of Victoria, B.C., has received such

accolades as winner of best solo show and best of the fest at Orlando Fringe. He will make his debut televised appearance on *Just For Laughs* at the end of the month.

"I couldn't be more excited to be coming back to Winnipeg," says Delamont. "I had a wonderful time last year. The fact that folks are willing to come out and spend an hour of their time and their hard-earned money with me is always a bit of an overwhelming feeling."

American performer, Chase Padgett — winner of best of the fest in Edmonton 2013 for his production, *6 Guitars* — is also making a return to Fringe this year with his storytelling production, *Nashville Hurricane: A Curious Tale of Fingerpickin'*

Fury. Padgett's performance of *6 Guitars* last year sold 3,000 tickets in 12 days, netting one of the top five spots for revenue generation at Fringe.

"In some ways, I feel this play supersedes *6 Guitars* and with the live acoustic ending, I guarantee this show is going to blow away theatre-goers this year," said Padgett.

Padgett, of Portland, Ore., is not new to the Fringe scene, but feels the Winnipeg Fringe is the best of the best. "I have performed at a lot of festivals, but this one, in my humble opinion, is the most supportive of the craft. The Fringe movement is beautiful across Canada and I must say, Winnipeg is the gem."

SHELLEY KILMURY/FOR METRO



Mike Delamont, pictured here in *God is a Scottish Drag Queen*, is returning to Fringe. COURTESY CASEY BENNETT PHOTOGRAPHY

On stage

• What: *God is a Scottish Drag Queen II: The Second Coming* takes

• Where: Tom Hendry Warehouse

• When: Thursday, July 17, 5:45 p.m.; Friday, July 18, 9:15 p.m.; Saturday, July 19, 3:30 p.m.

• Tickets: \$10

• What: *Nashville Hurricane: A Curious Tale of Fingerpickin' Fury*

• Where: Prairie Theatre Exchange — Main Stage

• When: Wednesday, July 16, 10:15 p.m.; Thursday, July 17, 8:15 p.m.; Friday, July

18, 10:00 p.m.; Saturday, July 19, 3:30 p.m.; Sunday, July 20, 9:45 p.m.; Monday, July 21, 8:45 p.m.; Tuesday, July 22 & Thursday July 24, 10:00 p.m.; Wednesday, July 23, 8:15 p.m.; Friday, July 25, 5:30 p.m.; Saturday, July 26, 8:15 p.m.; Sunday, July 27, 7:30 p.m.

• Tickets: \$10

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PERFORMED BY
Christine Longé

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Sun, July 27 - 5:30 PM

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Spectacular Quo Vadis features Fringe's youngest dynamo.

Quo Vadis the Musical is set to make its world premiere at the St. Boniface Cathedral-Basilica on Wednesday as part of the 27th Annual Fringe Theatre Festival.

The musical, based on the Nobel-Prize Winning Novel of the same name by Henryk Sienkiewicz, is an intense historical fiction of love and faith set in 60 A.D., before the crumble of the Roman Empire.

Composer Olaf Pyttlik fell in love with the novel when he picked up a copy of the book for fifty cents at a garage sale in Germany.

"I remember thinking 'I would love to do a musical adaptation of this,'" he said.

While he admits the musical took eight years to create, the production came together in only three weeks thanks to the large cast and the production crew which includes playwright Angus Kohm and director, Ron Jenkins.

Genavieve Greene, the youngest performer in the play at 14, said the opportunity to perform in *Quo Vadis the Musical* has changed her life.

"It does get very emotional and I do cry in some

scenes," she said. "It's heavy, but I believe it's made me a better actor and singer."

Pyttlik said that *Quo Vadis the Musical* will be the first performance that has ever been performed inside the St. Boniface Cathedral-Basilica ruins.

"It's the perfect backdrop to tell the story of Rome and the burning of Rome," he said.

The show runs from July 16-27, daily at 7:30 PM at the St. Boniface Cathedral. For pre-sale Tickets Contact www.winnipegfringe.com



Olaf Pyttlik with Genavieve Greene for *Quo Vadis*, the musical, starting July 16

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Tyrone Bui, Arjan Meesters Photo: Ryan Bradford Photography

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14

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Wednesday, July 16, 2014

Out of Africa. Carefully crafted creature tales

MEG CRANE
For Metro

Do you remember when lions could fly? Erik de Waal does, and he will be back telling the tale at the Winnipeg Fringe Theatre Festival's YAP theatre.

African Folktales with Erik de Waal — rated one of Fringe's most popular shows — is the comical telling of carefully crafted tales about wild animals. He has brought the stories all the way from South Africa, and even lugged around puppets and masks (some of which are handcrafted by de Waal) to entertain his audience.

Besides flying lions, de Waal will share a tale about a nasty, dangerous creature hiding in a rabbit's house. Can the animals escape? De Waal doesn't mind spoiling the surprise — the answer is "no" and it's the children in the audience that must help solve the mystery.



Erik de Waal has been sharing African Folktales with children for more than a decade.

WALDEMAR SCHULTZ/FOR METRO

Spectator participation is a major component to the show. And it's not of the typical "yes" or "no" variety. Using de Waal's expertise in children's theatre and director Marie Kruger's knowledge of children's literature, a lot of thought went into audience interaction, ensuring that it keeps the youngsters engaged, without tiring them out.

"It's been designed and conceptualized for children," de Waal said.

On stage

- What: African Folktales
- Where: YAP Theatre
- When: Thursday, July 17, 11 a.m.; Friday, July 18, 1 p.m.; Sunday, July 20, 4 p.m.; Tuesday, July 22, 2:30 p.m.; Wednesday, July 23, 12:30 p.m.; Thursday, July 24, 2 p.m.; Saturday, July 26, 11 a.m.; Sunday, July 27, 3:30 p.m.
- Tickets: \$10 for adults, \$5 for children 12 and under

But that's not to say parents won't get a kick out of the performance. "Although the show is aimed at children, there is a lot built in for adults," said de Waal, adding that some of that enjoyment comes from watching the children react and interact with the show.

Boomer Love

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Flip out over these street performers

Clowning around.
Central Canadian
Circus Arts Club
is a festival staple

SHELLEY
KILMURY
For Metro

The energy wouldn't be the same at the Winnipeg Fringe Theatre Festival without the tossing, swinging and flipping of the Central Canadian Circus Arts Club street performers.

Formed in 2012 by Isaac Girardin of Skill Circus and Asa Nodelman of the Watch and Spectacle Circus, the Central Canadian Circus Arts Club (CCCAC) has become a staple at Fringe. Director Charles Lauder, a.k.a. Sleepy the Clown, himself, has been clowning around Winnipeg, delighting audiences for the better part of 18 years.

Lauder said to expect it all at Fringe this year, as the festival roster is chock full of impressive street performances ranging from belly dancers, jugglers, hoopers and flow artists



The Central Canadian Circus Arts Club is set to dazzle audiences at the Winnipeg Fringe Festival. COURTESY CENTRAL CANADIAN CIRCUS ARTS CLUB

to dancers, devil stickers, poi and, of course, clowns. CCCAC will perform several free mini showcases at the Old Market Square with ringmasters

Nodelman, and others from the troupe, leading the way.

"Past director Asa Nodelman has done a great job heading the Fringe initiative

for us this year," Lauder said. "I know I am looking forward to the shows."

Nodelman, a Winnipeg-based puppet maker, designer,

playwright and artist in polymer clay, has an even longer history at Fringe than the CCCAC. His Watch & Spectacle Puppet Company performed

On stage

- What: Central Canadian Circus Arts Club
- Where: Old Market Square — Main Stage
- When: Wednesday, July 16, 9 p.m.; Thursday, July 17, 3 p.m. and 8 p.m.; Friday, July 18, 1 p.m.; Saturday, July 19, 7 p.m.; Sunday, July 20, 9 p.m.; Monday, July 21, 8 p.m.
- Tickets: Free

its first show, *The Clock* in the Lobby, in 2007.

"While I enjoy performing, my favourite part of the circus club is working with other performers to see their acts come together," Nodelman said. "There are few things in life as satisfying, or as humbling, as seeing someone you taught being way more impressive than you on stage."

Visit winnipegfringe.com.

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Bring your flashlight to illuminate what's really going on during Winnipeg Fringe Theatre Festival's hit show, *Doctor Cabaret of Change*. MEAGAN WILLIAMS/FOR METRO

Help shine a light on midnight cabaret

MEG
CRANE
For Metro

There's a show on the fringe of Winnipeg Fringe Theatre Festival.

It's a "secret" show, unofficially part of the festival itself, and only hinted at on the festival website.

Despite its attempt at anonymity, the midnight show — *Doctor Caligari's Cabaret of Change* — sells out in minutes, with spectators lining up to purchase tickets.

The midnight cabaret is put on by a group of touring Fringe artists — scattered around the globe — who meet up in Winnipeg each year. For many, it's their favourite night of festival.

Since it was added to the Fringe lineup in 2005, the midnight cabaret has been held at the King's Head Pub.

All lights are turned off to keep the audience in the dark about what will happen next.

On stage

• What: Fringe exclusive *Doctor Caligari's Cabaret of Change* was started by five people; three individual performers and one group of two, none of whom are from Winnipeg.

• Where: Tom Hendry Warehouse

• When: Wednesday, July 23, midnight

• Tickets: \$10 (plus \$2 processing fee) at winnipegfringe.com. Frequent Fringer Passes cannot be used to purchase tickets to this performance.

bers can bring their own or use a mobile app.

One source, who wished to remain anonymous, agreed to leak details to Metro about this year's performance.

"We promise a wildly charged night, first bursting with anticipation ... of one-off collaborations, of joyful surprises, of intense comedy, of neck-sticking risks," he said.

The source also said that many of the performers gathered at Toronto's Fringe Festival, prior to arriving in Winnipeg, to plan what would transpire at the secret show. That's all he would divulge.

What is known about this year's show is that the venue has changed. It will now take place at the Tom Hendry Warehouse.

There will also no longer be a lineup to purchase tickets, as tickets can be bought at winnipegfringe.com.

Flashlights are permitted and illuminate the performers as they speak.

Hesitant audience mem-

Congratulations

to the **performers, volunteers** and **staff** on another **successful Winnipeg Fringe Theatre Festival!**



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Premier of Manitoba
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GregSelinger.ca



Nancy Allan

MLA for St. Vital
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MLA for St. Norbert
204-261-1794
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Jennifer Howard

MLA for Fort Rouge
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One wet and wild adventure

Welcome to the world's tallest waterslide. What's it like hurtling down a water track at over 100 km/hr? Read on!

Halfway up the 264 stairs leading to the top of the world's tallest waterslide, it is clear this is the most breathtaking ride you'll ever encounter.

And that's before you ever step foot in the raft.

Two-thirds of the way up the circular stairs is a sign that says you've reached the height of the Statue of Liberty.

A few dozen more steps and you've reached the level of Niagara Falls — and the relief that despite being a little light-headed, you're going to make it to the top of the ride called "Verrückt" — German for "insane."

From a distance, the waterslide at the edge of Schlitterbahn Waterpark, about 25 kilometres west of downtown Kansas City, Mo., doesn't look so scary.

Even from just below the 51-metre structure, it's easy to dismiss the steepness of the first plunge if you've not been to the top and watched nervously as the gate opens and your raft starts creeping to the edge.

But the steady screams of grown men and women clinging to their rafts as they nosedive through bursts of water are proof this ride is anything but tame.

Before being allowed to



The ride can hit speeds of up to 112 kilometres per hour. THE ASSOCIATED PRESS

Rider beware

Among the warnings delivered to riders before they start their ascent is that one of the possible hazards of going down the waterslide is ... death.

climb the stairs to Verrückt, two or three riders at a time step onto a scale to make sure their combined weight isn't over 550 pounds.

A park worker then reads a two-page list that's as much a warning as it is

a disclaimer that Verrückt isn't for the faint of heart (or anyone who is overweight, has a history of back problems or is pregnant).

Among the warnings delivered to riders before they



From the top, the plunge is higher than Niagara Falls. THE ASSOCIATED PRESS

AUGMENTED REALITY

→ Can you handle the 17-storey drop? Scan this photo with your Metro News app to see a video of riders taking on the world's tallest waterslide.



→ See the full instructions on Metro's Voices page.

start their ascent is that one of the possible hazards of going down the waterslide is ... death.

Once riders reach the top platform, where they will climb aboard the raft, each team of riders steps onto another scale and is weighed again.

It isn't until you stand on the platform waiting for your heart to stop pounding that you begin to get a little anxious about boarding the raft — the same kind that during testing just weeks earlier had lifted

up and flown over the edge, destroying upon its impact with the ground both the vessel and the sandbag people it was carrying.

Verrückt's designer, Jeff Henry, says that he wore cowboy boots his first time down because if he was going to die, he wanted to go with his boots on.

The raft inches into position, and all you see is the sky.

It's the scariest part so far, the feeling of moving closer to the drop.

That plunge goes fast, up to 112 kilometres per hour. So fast that water shoots up over the sides of the raft.

By the time you open your eyes — a matter of seconds — you've reached the bottom and your mind gropes for an explanation of what just happened.

You'll feel elated that you've just had the guts to conquer what Henry calls "the baddest ride ever built."

THE ASSOCIATED PRESS

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Meet mentors from many miles away

E-nspiration. Students in the far North get guidance from experts all over the country through an e-mentoring program

Every Thursday afternoon, Ryerson University professor Beau Standish would get an email from a teenager in a classroom in Whitehorse, picking his brains from 4,000 kilometres away about careers in science and engineering.

Later, after the medical biophysicist tucked his own kids into bed, he would respond with all the facts and fervour

Not to worry!

- TalentEgg will return with its regularly scheduled content next Wednesday. Visit metronews.ca/talentegg to read TalentEgg features you may have missed the first time.

Love what you learn

"We wanted to find a way to empower students in the North to understand the rewards of staying in school — and everyone can benefit from a mentor."

Josh Silvertown
Founder of DreamCatcher Mentoring

expected of any good mentor. Call him an e-mentor.

Standish is one of more than 800 Canadian professionals who have offered to give long-distance career tips and encouragement to some of Canada's most far-flung northern students through a non-profit program called DreamCatcher Mentoring. DreamCatcher matches students with professionals in their "dream careers."

It's like e-dating, only with mentors.

"She had lots of great questions, from 'What do you do in an average day?' to 'How hard do you have to study?'" said



Josh Silvertown founded DreamCatcher Mentoring to help students understand the rewards of staying in school. MARTA IWANEK/TORONTO STAR

Standish, who would send the student information on everything from scholarships to individual engineering schools. He was pleased when his long-distance protégé signed up for an introductory program at the University of Waterloo for students keen on engineering.

Some 1,500 students from across the Yukon, Northwest

Territories and Nunavut have taken part in the program over the past decade, ever since Toronto cancer researcher and entrepreneur Josh Silvertown launched it as a way to tackle high dropout rates in Canada's North. About half of the participants are aboriginal students.

The program has been so

successful — the Yukon department of education said about 94 per cent of participants seem to stay in school — that he has given it to Big Brothers and Big Sisters of Canada to manage and expand this fall.

"We wanted to find a way to empower students in the North to understand the rewards of staying in school — and everyone can benefit from a mentor," said Silvertown.

He said giving his non-profit to another non-profit is a case study in altruistic amalgamation, something that more of Canada's 100,000 non-profits might consider as they compete for public support.

Grade 10 student Hannah Pater of Whitehorse was matched up with a marine biologist from the Maritimes, who she says "was really helpful explaining the variety of areas you can go into — Coast Guard, crustaceans, seaweed ..."

"I've always been interested in the ocean, but I thought of marine biology as one big field, and she helped me straighten out my path," said Hannah. "A lot of my friends found it

Reaching out

Mentoring lies at the heart of the Big Brothers Big Sisters' philosophy, so it made sense for the organization to take charge of DreamCatcher, whose technology can be used in ways beyond just career advice, said chief executive officer Bruce MacDonald.

- "We'll keep it in the 26 communities where it's established and look at expanding to new markets in the North, but there are also other ways it could be used in the South and in cities," said MacDonald — "maybe for urban immigrant populations or even men and women serving overseas in the military."

eye-opening to learn more about their dream careers, and some even decided it wasn't for them and are happy they found out before they got into the field." **TORSTAR NEWS SERVICE**

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Facing the feedback

Reviewing your review strategy. What's the best way to receive constructive criticism from your supervisor?

LAKSHMI GANDHI
Metro World News

The annual performance review can be nerve-racking for even the most confident of employees. And according to a new book by Harvard Law professors Douglas Stone and Sheila Heen, many managers say they hate giving feedback. So how can workplaces break this vicious cycle? Douglas Stone shares these suggestions.

Go into the meeting prepared

"Ask yourself: What's the worst that can happen?" says Stone. "We often have a tendency to exaggerate the extent of the feedback. Let's say I tell you, 'You are singing off-key.' In your head, you might be thinking, 'He's saying that I'm awful and that I might never get another job.' But all I'm really saying is that you are singing off-key."



Remember that a performance review is intended to be helpful, rather than hurtful. ISTOCK

Ask for specifics

The term "feedback" is so broad that supervisors may not know where to start. "Instead, just ask for one thing," Stone says. "Say you are trying to get better in general, and ask if there is one thing that you should work on."

Say what you mean

Managers should try to be as clear as possible when giving feedback, says Stone. "Take an employee who is told something like, 'You have to be assertive,' or 'Take more initiative.' Those kinds of phrases don't have independent mean-

ing." Instead, he suggests that managers give an example of what they'd like to see.

Take the feedback in good faith

Stone says that there are two reactions most people have to feedback.

"No. 1 is that it is upsetting," he says.

"No. 2 is that it is wrong. (So) the question is: Is it wrong or not? We dismiss feedback because we believe it is wrong. Let's say someone says you are aloof, and you think 'I'm not aloof, I talk to my co-workers.' It's important to think of what else that could mean. Ask yourself, 'Am I aloof with the clerical staff? Am I aloof with supervisors?'"

Know yourself

If you think you may have a tendency to take feedback very personally, Stone says it's important to take a step back.

"It's knowing your own patterns of behaviour and being aware that we exaggerate (the severity of the criticism)."

As for readers who feel like a bad performance review is the end of the world, he says they should do this very simple thing: "Ask yourself, am I always going to feel that way?"

There are only months between you & your dream career.
Call 204.515.4231 or visit www.robertsoncollege.com to get more information. Classes start August 5!

Give veggies kid appeal by adding spaghetti for twist on pasta salad



COOK TIME
ABOUT 20
MINUTES

This recipe makes six servings and can be served hot or cold. EMILY RICHARDS

Salad Spotlight. Metro's third day in a weeklong lightening of your plate includes grilled fresh vegetables bursting with summer flavour



DINNER EXPRESS
Emily Richards
food@metronews.ca

Gardens are brimming with vegetables that are ready to be picked and grilled to enjoy in every way possible.

If you don't have a garden full of veggies, be sure to head to the farmer's market to pick up some of these delicious ingredients.

It is a special time of year when we can see and smell all the wonders that grow around us. Fresh herbs are in abundance as well, so feel free to add extra to enjoy that summer flavour.

Using spaghetti for this pasta salad gives it a fun kid appeal while adults will love the colour and flavour of the grilled vegetables.

You can enjoy this salad warm or cold. If you love vinegar, add an extra splash before serving it cold.

1. In a pot of boiling water, cook spaghetti for about 8 minutes or until al dente. Drain and rinse with cold water. Drain well and place in large bowl.

2. In another large bowl, toss sliced carrots, sliced eggplant, quartered orange and yellow pepper and sliced zucchini with oil to coat.

3. Place on greased grill with cobs of corn over medium high heat for about 10 minutes, turning once or until tender and golden.

4. When they have cooled enough to handle, place all

of the grilled vegetables on a cutting board and cut them into bite-size pieces. Add the vegetables to the bowl of spaghetti.

5. In a small bowl, whisk together the vinegar, vegetable broth, pesto and freshly ground black pepper. Pour over the vegetable and spaghetti mixture, add fresh basil and toss to coat evenly.

Cooking tips

Here are some ways to make this salad work for you.

- **Take it to go.** This is a great salad to tote along on a picnic or bring out for a family gathering this summer. I also like to keep it in the fridge and for lunch add leftover grilled chicken, shrimp or salmon. It really does go with everything.

- **Grilling technique.** When grilling vegetables, be sure to have a clean, well-greased grill and monitor the heat. You know your barbecue, so if it runs hot at medium-high be sure to turn it to medium for this recipe so you don't have charred vegetables. The flavour is more appealing with that hint of smokiness and it's also a healthier option!

Ingredients

- 4 oz (125 g) spaghetti, broken in smaller pieces
- 2 carrots, sliced lengthwise
- 1 eggplant (about 1 lb/454 g), sliced lengthwise
- 1 each orange and yellow pepper, quartered
- 1 zucchini, sliced lengthwise
- 1 tbsp (15 ml) canola oil
- 2 cobs of corn, husked
- 3 tbsp (45 ml) apple cider or balsamic vinegar
- 2 tbsp (30 ml) vegetable broth
- 1 tbsp (15 ml) prepared basil pesto
- Pinch freshly ground black pepper
- 1/3 cup (75 ml) chopped fresh basil

A Middle Eastern touch

1. Use box grater to coarsely grate the zucchini. Transfer to a strainer. Toss the zucchini with 1/2 teaspoon of salt and let it drain over the sink for 15 minutes. When drained, working

with a small handful at a time, squeeze out zucchini to get rid of as much liquid as possible.

2. While the zucchini is draining, in a nonstick skillet, heat

oil over medium. Add the onion and cook, stirring occasionally, for 6 minutes, or until golden brown. Add squeezed zucchini and cook, stirring, 1 minute. Transfer mixture to a medium bowl and let it cool to room temperature.

3. Heat a grill to medium.

4. Sauce: Combine yogurt, 1/2 teaspoon garlic, 1 teaspoon lemon zest, and salt and pepper to taste. Set aside.

5. When zucchini mix cools, add lamb, oregano, remaining lemon zest, remaining garlic,



This Grilled Middle Eastern Lamb Burger with Garlic Sauce recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

and 1/4 teaspoon salt and 1/4 teaspoon pepper. Mix well, then shape into 4 patties, each about 1/2 inch thick. Spray burgers lightly with olive oil

cooking spray, then grill until medium-rare, 4 minutes per side.

6. Serve each burger in a

pita half, topped with the garlic sauce, carrots and cucumber. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS**

Ingredients

- 1 medium zucchini (10 oz)
- Kosher salt
- 1 1/2 tbsp extra-virgin olive oil
- 1 cup finely chopped onion
- 1 cup nonfat Greek yogurt
- 1 1/2 tsp minced garlic, divided
- 2 tsp grated lemon zest, divided
- Ground black pepper
- 1 lb lean ground lamb
- 1 tbsp finely chopped fresh oregano
- Olive oil cooking spray
- 4 pita bread halves
- Grated carrots and chopped cucumbers, to serve



All-stars, fans give it up for Captain Clutch

Shortstop Derek Jeter of the New York Yankees is greeted by Blue Jays outfielder Jose Bautista as Mike Trout of the Los Angeles Angels looks on before the MLB All-Star Game, Tuesday, in Minneapolis. With the captain of the Yankees set to retire after the season, Jeter's 14th All-Star game will be his last. For coverage of Tuesday's game, go to metronews.ca. ELSA/GETTY IMAGES

Romby ready to rumble in the 'Peg

CFL. Pass catcher happy to be back with Bombers as he prepares for first start for injured Kelly

Veteran receiver Romby Bryant wondered whether his career had come to an end when he was cut by the Toronto Argonauts.

Instead, it has come full circle for the 34-year-old as he starts Thursday in place of the injured Aaron Kelly for the Winnipeg Blue Bombers.

Bryant had a career record 1,206 yards with the Bombers in his 2008 debut season, was traded to Calgary in 2009 and spent three more years there before ending up in Toronto last season.

But he was cut by the Argos in June, a move he wasn't expecting even though he was injured for much of 2013, and wondered whether his days in the CFL were over.

"That thought crossed my mind," he said after a practice Tuesday in which he displayed some of that old speed on first-



The Argos cut Romby Bryant last month, paving the way for the receiver to return to Winnipeg. DAVE SANDFORD/GETTY IMAGES

team routes.

"I didn't really know whether people were going to take a chance on me with my age and whatever and then, with Toronto just letting me go out of the blue ... maybe people thought I couldn't play anymore."

Winnipeg coach Mike O'Shea, who spent four seasons with the Argos and was

their special teams co-ordinator when the Bombers picked him as their new head coach, said they did a little checking.

"I believe that Toronto would have kept him around except a couple of younger guys had some breakout games in the pre-season," said O'Shea.

"So it's a matter of calling up ... (general manager) Jim

Depth behind centre

The Bombers also added a new quarterback to their roster Tuesday: Josh Portis, picked up in a trade for a conditional draft pick from the Argonauts, where he spent last season as a backup.

- O'Shea said they looked at their roster and decided it was thin behind starter Drew Willy at quarterback and didn't include any backups with CFL experience.

Barker, or (coach) Scott (Milanovich) and saying, 'What's Romby got left?' and they said, 'He's still got a lot of speed.' And when he got here, it shows out in practice, he's still got a ton of speed."

Bryant is understandably glad for the shot.

"I'm just glad they gave me a chance to prove I've still got it," he said. "Let's hope I get that chance Thursday."

THE CANADIAN PRESS

CFL

Owens out of Argos' lineup against Redblacks

The Flyin' Hawaiian will be grounded for this week, and probably longer.

Toronto receiver Chad Owens will miss the Argonauts' game in Ottawa on Friday with a left-foot injury, and the team believes he will be out a minimum of three weeks.

That leaves the Argos with very little veteran depth at receiver. Slotback Andre Durie is out with a broken clavicle, and wide receiver Jason Barnes is sidelined with a knee injury.

Owens was wearing a walking boot for the second straight day when he arrived at Tuesday's practice.

THE CANADIAN PRESS

NHL

Crosby won't need surgery after all

Pittsburgh Penguins captain Sidney Crosby does not need surgery on his injured wrist.

Crosby dealt with a wrist injury during the playoffs, and a report out of Pittsburgh last week indicated he needed surgery to fix the issue in time for training camp.

But the Penguins announced Tuesday on Twitter that "after seeking additional medical advice, doctors have decided not to perform surgery on Sidney Crosby's wrist," adding that he will continue to receive treatment and be evaluated as he prepares for camp.

THE CANADIAN PRESS

NBA free agency

D-Wade extends his stay in Miami

Dwyane Wade is staying with the Miami Heat, and his latest deal is designed to give both the player and the only franchise he's ever known some flexibility in the coming years.

Wade signed a new contract with the Heat on Tuesday. It's a two-year deal, the second of those seasons a player option, said a person familiar with the situation. The person spoke to The Associated Press on condition of anonymity because neither side announced terms.

THE ASSOCIATED PRESS

Tiger returns to new course with new game

British Open. Woods facing deeper field in campaign to end six-year major drought

Tiger Woods was an hour into his practice round Tuesday at the British Open when he stood on the fifth tee with a foreign object in his hand.

In golf vernacular, it's called a driver.

Woods smashed it into the wind on the 528-yard hole and didn't need to watch where it landed to realize it was in the middle of the fairway. Later in the round, he hit another driver off the tee. That's twice as many as he hit over 72 holes when he won at Royal Liverpool eight years ago.

"This is a different golf course than what we played in '06," Woods said. "It was hot; ball was flying. It was very dusty. Now we're making ball



Tiger Woods tees off during a practice round prior to the start of the 143rd British Open on Tuesday in Hoylake, England. STUART FRANKLIN/GETTY IMAGES

marks on the greens, which we weren't doing then."

So much has changed in so many areas.

Royal Liverpool, green and thick this time around, is still a firm and bouncy test of links golf. But it's nothing like it was in 2006, when the fairways were so baked and brown that

Woods hit only one drive in four rounds. That was on the 16th hole of the first round, and the ball wound up in the 17th fairway. He still made birdie.

But it's not just the golf course.

Woods is not the same player, having gone through three

operations since — two on his left knee, the most recent surgery March 31 on his back. He used to win majors at a rate slightly better than one per year. Now he has gone six years without, dating to his 14th at Torrey Pines at the 2008 U.S. Open.

And the biggest change might be the guys who are trying to beat him.

Even though Woods is coming off a five-win season, he no longer is the strongest, biggest or longest player. Nineteen players have won majors since his last one.

"I think it gets harder every year just because the field gets deeper — more guys with a chance to win. What did we have, 16, 17 straight first-time winners?" Woods said, referring to one stretch when there were no repeat champions in 16 straight majors. "It's getting harder to win. The margin is so much smaller."

THE ASSOCIATED PRESS

World Cup champions

German team gets heroes' welcome

At a party 24 years in the making, hundreds of thousands of Germans showed their admiration and adoration for their World Cup winners in a parade to the Brandenburg Gate on Tuesday.

The players, in matching black T-shirts bearing the number "1," lapped up the

love by playing up to the estimated 400,000 people packing the "fan mile" in front of the landmark.

Fans began arriving overnight to secure good spots to welcome home coach Joachim Loew's team. Germany's fourth World Cup, the first since 1990, crowned years of work by Loew to modernize the team and followed near misses at recent tournaments. "We're all world champions!" Loew told the crowd. THE ASSOCIATED PRESS



Bastian Schweinsteiger holds up the World Cup trophy for fans during Germany's victory ceremony on Tuesday in Berlin. Scan the image with the Metro News app for additional photos from the celebration.

MARKUS GILLIAR - POOL/GETTY IMAGES

Anti-gay allegations

Kluwe ready to sue Vikings: Lawyer

Former Minnesota Vikings punter Chris Kluwe intends to sue the team over allegations of anti-gay conduct by a coach, his lawyer said Tuesday.

Lawyer Clayton Halunen said they'll seek a copy of the Vikings' internal investigation and make it public if they can. They accuse the Vikings of renegeing on a pledge to release the report, which they believe corroborates Kluwe's claims.

THE ASSOCIATED PRESS

NHL

Oilers add more fresh faces

The Edmonton Oilers agreed to terms on one-year contracts with forwards Tyler Pitlick and Curtis Hamilton on Tuesday.

Pitlick, 22, played in 10 games with the Oilers last season, registering his first career NHL goal on Oct. 26 against the Coyotes. Hamilton, 22, has 36 points (18 goals and 18 assists) along with 41 penalty minutes in 145 career AHL games.

THE CANADIAN PRESS

President/CEO. Former NHL coach Renney takes reins of Hockey Canada

Tom Renney is a hockey man, not a businessman. He and his wife once ran a clothing store in Trail, B.C., but since then he has been immersed in coaching.

So when Hockey Canada was searching for a new president and CEO and Renney emerged as a serious candidate, the 59-year-old didn't put on a masquerade.

"(Business is) not where his passion lies," Team Canada coach Mike Babcock said. "And it's not where his expertise lies. One thing about Tom: he knows what he is and he knows what he's not."

Renney, above all else, is a respected hockey man, and his decades of experience at the amateur, international and professional levels ultimately made

him Hockey Canada's choice to replace Bob Nicholson.

What separated Renney from other candidates, board of directors chairman Jim Hornell said, were his values base, his connections throughout the sport and his passion to grow the game.

"He's a people person, he connects well, he communicates well with people and certainly he's recognized not only in Canada but throughout the hockey world, and that's important," Hornell said on a conference call Tuesday.

"It's important that we have someone who is knowledgeable in hockey but who is also recognized in hockey and can bring a team together."

THE CANADIAN PRESS



Tom Renney speaks at a news conference introducing him as the president and CEO of Hockey Canada on Tuesday. JEFF MCINTOSH/THE CANADIAN PRESS

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2014 Lincoln MKZ Hybrid

- **Type.** Four-door, front-wheel drive midsize luxury sedan
- **Engines (hp).** 2.0-litre inline four-cylinder gasoline engine and 88 kW electric motor (approximately 188 combined)
- **Transmission.** CVT automatic
- **Base price.** (incl. destination). \$46,100

Market position

A very fuel-efficient and high-tech midsize luxury sedan. Ford says the re-imagining of the Lincoln brand has positioned it to appeal to a younger and more “culturally progressive” type of luxury customer; the type, for example, that would prefer a more personalized and understated “W” hotel stay over a more ostentatious luxury hotel experience.

Points

- Second model-year for current-generation version. Based on CD4 platform also under Ford Fusion.
- No premium charged for hybrid model. Same base price as gasoline-powered MKZ.
- More powerful lithium-ion battery pack translates to more electrical thrust and the ability to downsize gasoline engine to 2.0 litres (from 2.5 litres), for even better



The Lincoln MKZ Hybrid might appeal to the younger and more “culturally progressive.”

fuel efficiency (4.2 L/100 km combined).

Safety

Eight standard air bags; available inflatable rear outboard safety belts; electronic stability control with Curve Control; four wheel disc brakes with ABS; available back up camera, adaptive cruise control with collision warning and brake support, active park assist, lane keeping system and auto high-beam headlights; tire pressure monitoring system.

Entry-level luxury, top-shelf fuel economy

PHOTOS: MIKE GETZ

Review. Lincoln’s MKZ Hybrid takes a different path to luxury

MIKE GOETZ
drive@metronews.ca

It’s hard to feel sorry for an inanimate object, especially for something as neat-oh and cool looking as this sophisticated 2014 Lincoln MKZ Hybrid.

But whomever I met with this Lincoln during my week with it seemed to address it with a smidgeon of something like discrimination — an ever-so-slightly turned up nose, if you will. They weren’t sold on the idea of a Lincoln as a premium automotive brand, and they wondered why hybrids are still being propagated as a desirable technology, especially in a luxury automobile.

Well, after my week, that dual underdog aspect of the Lincoln was just another thing that endured me to this luxury hybrid. It’s far from perfect, but overall it’s a great ride, with great looks and super fuel economy — 4.2 L/100 km city and highway.

A new and powerful lithium-ion battery pack meant Lincoln could upgrade the electrical motivation and move to a smaller



(2.0-litre) gasoline engine.

Though it launches well, the combined 188 horsepower is not going to win you many street races. But to those of you who don’t necessarily equate luxury with the zoom factor, you’ll be perfectly happy motoring around, especially if your priority is fuel economy and/or not having a big ecological footprint.

Yes, all Lincolns are based on a Ford. But Ford is making decent stuff these days. MKZ is based on the Ford Fusion and both exhibit excellent handling characteristics. As a Lincoln,

MKZ also benefits from a system called Lincoln Drive Control, which continually adjusts the suspension, the electric power steering feel and ratio, and a noise-suppression technology.

Note, however, that the MKZ is prioritized for spirited handling. The ride is surprisingly firm and controlled — it’s not a couch on wheels like Lincolns of yore.

I thought the steering became too light, too fast when braking to stop, but otherwise the Drive Control was unobtrusive and effective.

The bigger caveat is the finicky nature of the touch-sensitive sliders and buttons on the instrument panel. It takes too much brainpower to do simple things like tune the radio and turn the fan down. (I know rotary knobs don’t look or feel high-tech, but you know what? THEY WORK.)

The distinctive way the rear of the cabin is styled is an acquired taste. It also makes ingress and egress and the rear seating area a bit smaller than it might have been. But I love the way the front of the car looks. Very classy.

Compare

PHOTOS: CONTRIBUTED



1 Lexus ES Hybrid
Base price: \$46,095
Like the Camry hybrid it’s based on, but with Lexus styling and pricing.



2 Infiniti Q50 Hybrid
Base price: \$48,995
A performance hybrid with more snap and less fuel efficiency.



3 Buick LaCrosse
Base price: \$37,495
Considered a mild-hybrid; as in only electric assist, no electric-only mode.

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Pay more attention to your career over the next few weeks. What is it you are best at and what brings out your special creativity? Do that to the exclusion of everything else.

♉ Taurus

April 21 - May 21

Stand back from money matters and see your life from a wider perspective. There are many types of wealth and the most important of all is to be rich in knowledge — and love.

♊ Gemini

May 22 - June 21

You'll find it easier to get your point of view across. Even nicer is that you will discover that loved ones are on your side.

♋ Cancer

June 22 - July 23

If you go out of your way to help people your good deeds will come back to you many times over. If, however, you go out of your way to make life difficult for others your own life will be more difficult.

♌ Leo

July 24 - Aug. 23

You have done many things (some good, others bad) over the past few weeks, because you believed in what you were doing. Because of that, you have no reason to apologize.

♍ Virgo

Aug. 24 - Sept. 23

Forget all the things that have gone wrong in your life and look forward to all the things that will soon be going right.

♎ Libra

Sept. 24 - Oct. 23

There is no point getting angry with those who have let you down. The more you shout, the more likely it is they will make mistakes. Change your attitude.

♏ Scorpio

Oct. 24 - Nov. 22

Money worries will recede over the next few days as you focus more on making a success of your career. Why not treat yourself to a night on the town?

♐ Sagittarius

Nov. 23 - Dec. 21

The pace of life has been hectic and if you don't take a break you might regret it. There is, though, still enough time for one last effort to complete something important to you.

♑ Capricorn

Dec. 22 - Jan. 20

You can feel your confidence beginning to return and by the end of the week you will have forgotten that you ever doubted yourself. Your ability to make things happen is there.

♒ Aquarius

Jan. 21 - Feb. 19

If there is something you need to own up to do so now as Jupiter, planet of good fortune, moves into your opposite sign. Most likely you've worried about it for no good reason.

♓ Pisces

Feb. 20 - March 20

You will be back to your best in a matter of days but today you must make peace with anyone you have fallen out with. Maybe you were a little harsh on them.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Beaver's buldee
4. Rig out
9. Gent
13. "Wanna make _ _?" (Oh, really?!)
15. _-millionaire
16. 24- _ day
17. Boring
18. Place a nametag: 2 wds.
19. Lady Gaga's "You _ _"
20. Madrid 'Miss'
22. _-Carleton, PEI
24. Scarce
25. Patsy _ (Campbellton, NB born singer)
26. Elton's co-song-writer
29. Battle royal
30. Shingles spots
31. Spring
32. "The Best of Times" band
36. Rock music genre
37. Civil rights org. founded in 1913
38. Write _ _ (Item on an old Robert Service 'To-Do List', say)
39. Feminine suffix
40. Sherbrooke 'streets'
41. _ _ blanche
42. British geologist, Sir Charles _ (b.1797 - d.1875)
44. Canadian frozen fries maker
45. Cape Breton Island village
48. + - x subj.



49. Nevertheless, fun-style
50. Saskatchewan town, 'Gateway to the Sandhills'
54. Actress Ms. Kedrova
55. Hen's home
57. Fort _ , ON
58. And others,

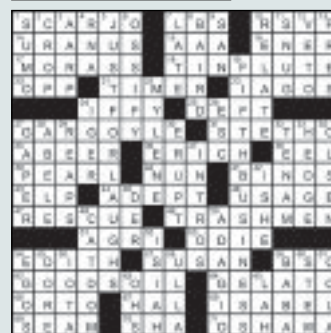
- briefly: 2 wds.
59. Beneficiary
60. Diamond spot
61. Mark Twain's jumping frog, _ Webster
62. Fork's friend
63. Toronto museum, commonly

1. Lightly applies
2. Ready. Willing. _ .
3. Unkind
4. _-waist dress
5. Very
6. Arm bone
7. "What was _ _ do?"
8. CFL legend, Michael " _ " Clemons

9. Iconic Canadian artist of the Moose Factory in Toronto: 2 wds.
10. Beach Boys song title car
11. 1948 Pulitzer-winning poet, W.H. _ (b.1907 - d.1973)
12. Publish

14. Edward Rochester's home in 1800s literature: 2 wds.
21. Job picker's demand
23. " _ Buttermilk Sky" by Hoagy Carmichael
25. The J. _ Band
26. Creamy cheese
27. Geological periods
28. Curtains holders
29. Vogue cover person
31. Sink sealant
33. 1970 war movie, when tripled!
34. Fabled creature
35. " _ Origins: Wolverine" (2009)
38. They're created to join Twitter, e.g.
40. The Guess Who outputs
43. Warder of the Tower of London, commonly
44. Newfoundland _ (Weasel-like animal)
45. Worked with hay
46. "West Side Story" (1961) character
47. Singer/songwriter Bob
48. Saskatoon coffee roasters, since 2007
50. U2 singer
51. Diva's song
52. "Ally McBeal" character
53. Plastic playset piece
56. Alley _ (Comic strip classic)

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

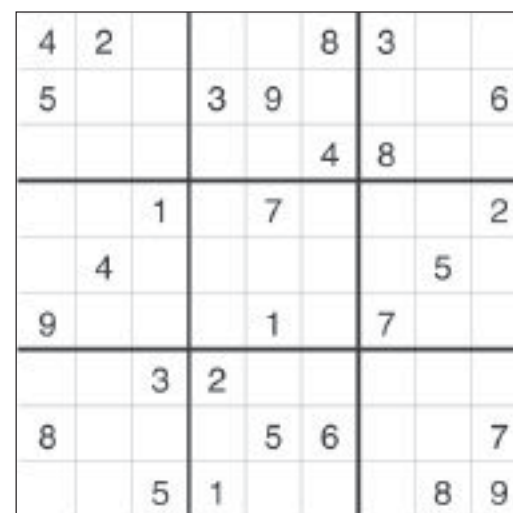
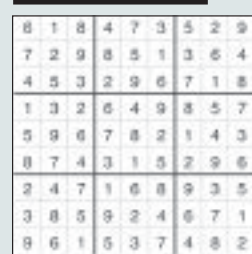


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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CITY: 7.5L/100 KM*



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Limited model shown*

HWY: 5.3L/100 KM
CITY: 7.6L/100 KM*



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2014 ELANTRA GL

WAS
~~**\$20,180**~~
NOW
\$15,995[‡]
INCLUDES
\$4,185
IN PRICE ADJUSTMENTS[‡]

WELL EQUIPPED:

AIR CONDITIONING • HEATED FRONT SEATS • REMOTE KEYLESS ENTRY WITH ALARM • BLUETOOTH® HANDS-FREE PHONE SYSTEM

ELANTRA GL 6-SPEED MANUAL. \$4,185 IN PRICE ADJUSTMENTS[‡], FEES, DELIVERY & DESTINATION INCLUDED. PLUS GST/PST.



Limited model shown*

HWY: 5.8L/100 KM
CITY: 8.5L/100 KM*

**2014
SONATA
GL AUTO**

WAS
~~**\$25,830**~~
NOW
\$19,995[‡]
INCLUDES
\$5,835
IN PRICE ADJUSTMENTS[‡]

WELL EQUIPPED:

BLUETOOTH® HANDS-FREE PHONE SYSTEM • ELECTRONIC STABILITY CONTROL • HEATED FRONT SEATS • REMOTE KEYLESS ENTRY WITH ALARM

SONATA GL AUTO. \$5,835 IN PRICE ADJUSTMENTS[‡], FEES, DELIVERY & DESTINATION INCLUDED. PLUS GST/PST.



Limited model shown*

HWY: 7.3L/100 KM
CITY: 10.2L/100 KM*

**2014
SANTA FE
SPORT 2.4L FWD**

WAS
~~**\$28,730**~~
NOW
\$24,995[‡]
INCLUDES
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